Chapter 4

Attention

Attention

- Definitions of Attention
- Basics
- Input Processes
  - Alertness, Arousal, Orienting, Spotlight, Search.   Hemineglect
- Conscious/Voluntary Attention
  - Selective Attention, Models of selection
- Attention as a Resource
  - Automatic vs. Conscious
  - Pros & Cons of automaticity

Definitions

- "Everyone knows what attention is. It is the taking possession by the mind, in clear and vivid form, of one out of what seem several simultaneously possible objects or trains of thought. Focalization, concentration of consciousness are of its essence. It implies withdrawal from some things in order to deal effectively with others." — James, 1890

Six definitions

- Input Attention
  - Alertness, arousal
  - Orienting reflex or response
  - Spotlight attention & Search
- Controlled Attention
  - Selective Attention
  - Mental resources, conscious processing
  - Supervisory attentional system (similar to working memory: Chapter 5)

Four Principles

- More information exists than needed
- Limits to processing
- Some tasks require almost no attention
- Effortful tasks can become automatic with practice

Basics of Attention

- Attention as mental process
- Attention as limited resource

Attention as a Mental Process

- concentrating effort or focus on
  - stimulus or
  - mental event

Attention as a Limited Resource

- mental "energy"
- limited amount or "capacity"

- Examples
  - driving while texting
  - note-taking in this class

Input Processes

- Alertness, arousal
- Orienting reflex or response
- Spotlight attention & Search

Alertness / Arousal

- Amount of "consciousness"
- Range
  - Zero (deep coma)
  - Some (sleep, sedation)
  - Reduced (sleepy, tired, fatigued)
  - Normal
  - Above average (hyperarousal)

Sustained Attention

- aka Vigilance
- Examples
  - air traffic controller
  - assembly line inspector
  - studying for a midterm
- Typical
  - 20-35 minutes, attention wanes

Not all tasks require attention?

- Explicit (conscious)
- Implicit (non-conscious)

- Bonebakker et al. (1996)
  - patients under anesthesia presented lists of words
  - could recall more words
    - word-stem completion task
  - effect was small (6% to 9% more)

Orienting Reflex

- aka "Attention Capture"
- reflexive redirection of attention towards unexpected stimulus
- Biological responses (respiration, heart rate…)
- Location-finding: Where
  - also "What"
- Mental Focus
  - can include physical focus (eyes, head, body…) but not necessary

Orienting Reflex - Stimuli

- Stimuli can be semantic
  - Estes et al. (2008): meaning of cue word directs attention, "hat" upwards, "boot" downwards
- Unexpected more important than New
  - why?
  - habituation

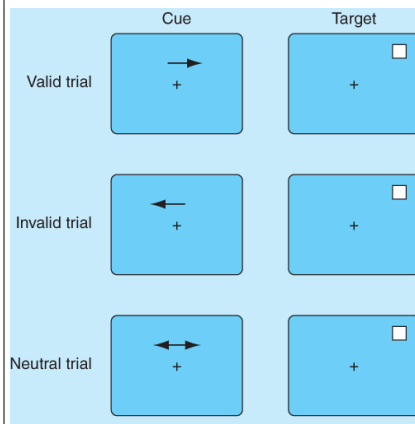## Spotlight Attention / Visual Search

- e.g. CogLab 3
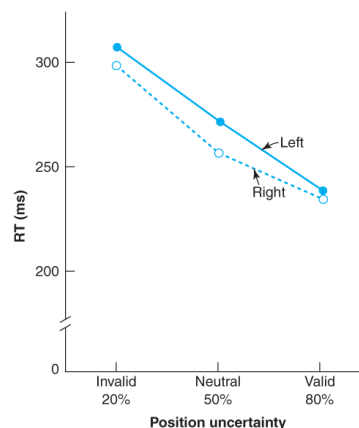- can be purely cognitive (without movement of eyes)

Spatial Cueing Task

- Posner et al. (1978)
- 80% of arrows were valid, 20% invalid
- DV: Reaction Time

Spatial Cueing Task

- Speedup
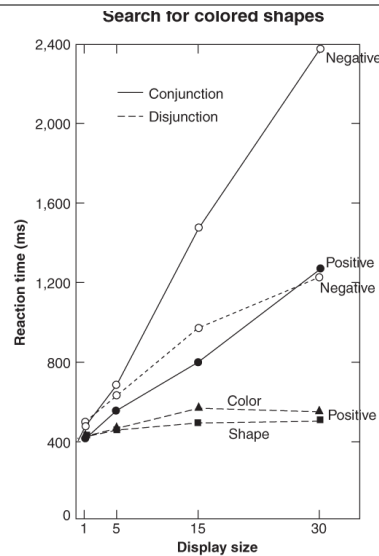 - "benefit" or "facilitation"
- Slowdown
  - "cost"

The "Spotlight" metaphor

- Attentional focus jumps (rather than sweeps) - similar to saccades
- Size of spotlight can be altered depending on task

Visual Search

Search for colored shapes

- "pop out" effect (suggests Parallel search)

Visual Search

- Inhibition of Return
  - avoid re-searching locations you already searched
  - seen in search tasks
- Facilitation of Return
  - more likely to repeat locations
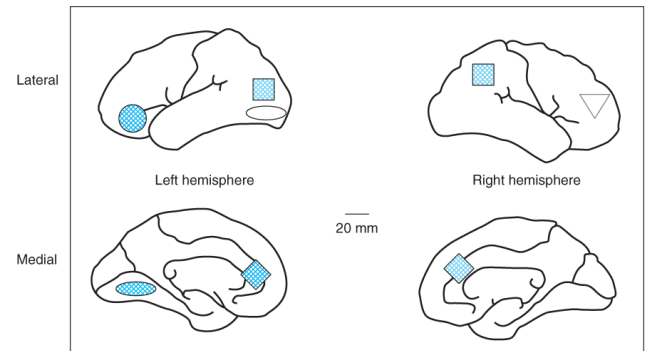 - seen when memorizing

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Input vs. Controlled Attention

- Input Attention
  - fast, automatic, parallel, effortless, "implicit"
- Controlled Attention
  - slow, conscious, serial, effortful, "explicit"

Input vs. Controlled Attention

- Posterior areas: automatic spotlight attention
- Frontal areas: controlled attention

Controlled/Voluntary Attention

- Selective Attention and the Cocktail Party Effect
- Models of selective attention

Limited Attentional Capacity

- Examples:
  - driving and talking / texting
  - taking notes in a classroom

- We must be able to select what's important (to the situation)

Selective Attention

- Filtering out what's not important (distractors)
- Visual Attention is easy
  - move eyes
  - move attentional spotlight
- Auditory Attention
  - can't move ears
  - must hear everything
  - can we filter and focus internally?

Cocktail Party Effect

- Focus on one auditory stimuli and ignore others
- Implies filtering or internal attention processes

Dual Task Methods

- Overload (too much information)
- One task captures most / all attention
- Second task performance suffers

Auditory Shadowing

- Shadowing
  - to repeat words immediately
- Experiment
  - Shadow voice in one ear
  - Voice in other ear is manipulated

- Non-shadowed stimuli is barely perceived:
  - Speech vs. music: yes
  - Male vs. female : yes
  - Reversed speech? no
  - Content? no
    - a word presented 35 times was not recalled

Models of Selection

- Big question: where (at what level) selection happens?
- Early vs. Late
  - e.g. what level or stage of processing?
    - bottom up vs. top-down
  - What properties are selected?
    - physical (tone, loudness)
    - semantic (content, meaning)

Broadbent (1958)'s Early Selection Theory

- Messages are selected / filtered early by physical characteristics
- Only one message passes filter
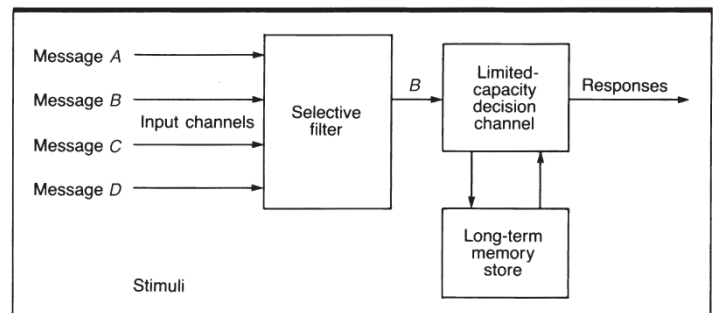
Evidence against Early Selection

- Shadowing experiments
  - can't hear word presented 35 times
  - can hear your name presented once
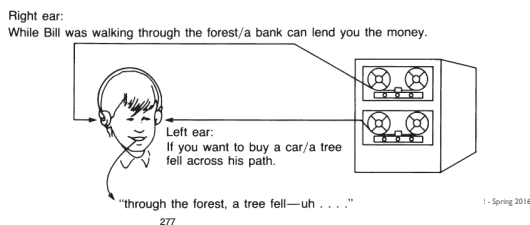 - can report gender of voice, etc.

Treisman (1960) Late Selection Theory

- Experiment:
  - Method: Shadowing when both voices are same person.
  - Results: success
  - Conclusion: can not be early selection

Treisman (1960) Late Selection Theory

- Experiment
  - Method: shadowing, content switches ears mid-sentence
  - Result: subjects switched (unconsciously) to other ear.
  - Conclusion: non-attended ear must be processed too

Right ear:
While Bill was walking through the forest/a bank can lend you the money.

Left ear:
If you want to buy a car/a tree fell across his path.

"through the forest, a tree fell—uh . . . ."

Early vs. Late?

- Evidence for both
- Physical stimuli can be selected
- Content can be selected

Inhibition and Negative Priming

- Inhibition - to suppress mental representation of salient (noticeable) but irrelevant information
- Suppress info that is "Strong but Wrong"
- Priming: facilitation (better performance)
- Negative Priming (reduced performance)

Attention as a Mental Resource

Attention as a Mental Resource

- Evidence
  - everyday limitations
  - dual task paradigms
  - shadowing
  - psychological refractory period (aka Attentional Blink) : short delay before next item can be processed

Automatic vs. Conscious Attention

Automatic	Conscious
without intention or decision	deliberate decision
not open to awareness or introspection	introspection
doesn't use resources	uses resources
usually fast (< 1 second)	slower (> 1 second)

Practice and Memory

- With training, conscious processes improve and become automatic
- From Explicit to Implicit

- Is memory required?
  - theory: automatic processing requires information to be stored in long term memory.

Attention and Automaticity

- Conscious tasks require resources
- E.g. average person limits: one demanding task or perhaps two less demanding tasks.

- Pros:
  - Automatic tasks require few resources
  - Automatic tasks aren't easily forgotten
- Cons:
  - Action Slips: accidental mistakes, often triggered when environment or situation is unexpectedly different.
  - Automatic behavior in wrong situation.

Proofreading

- Barshi & Healy (1993)
- Proofreading arithmetic problems
- Fixed order vs. Varied order
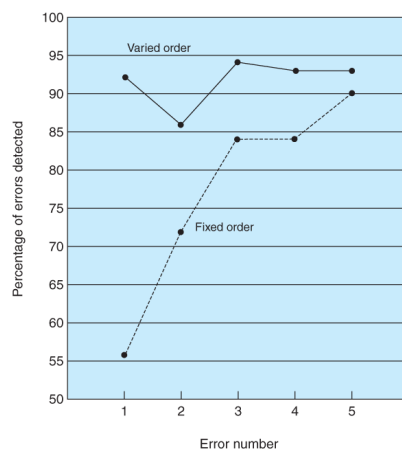
Mind Wandering

- Interesting finding : people with Higher working memory capacity are more prone to wandering mind
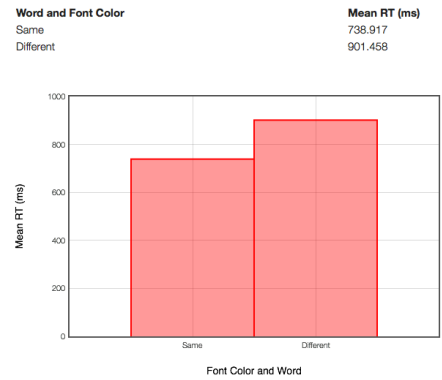
- Why?

CogLab 4: Stroop Effect

- Methods:
  - identify color of word
  - ignore word itself
- Theory
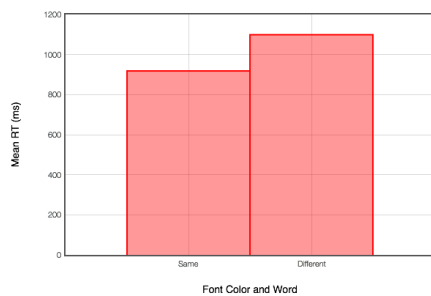 - automatic processing (word reading)
  - facilitation
  - inhibition

Stroop Effect: My Data

Word and Font Color	Mean RT (ms)
Same	738.917
Different	901.458

Stroop Effect: Global Data

Stroop (1935)

- Reaction time data : similar to our CogLab data

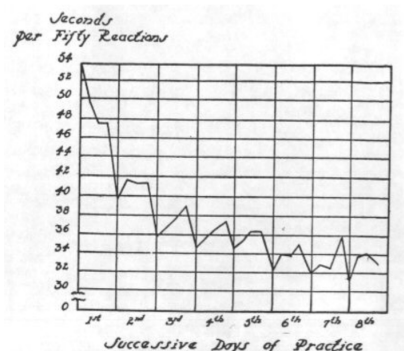FIG. 1. Showing the effect of interference on naming colors. No interference (1); interference (2).
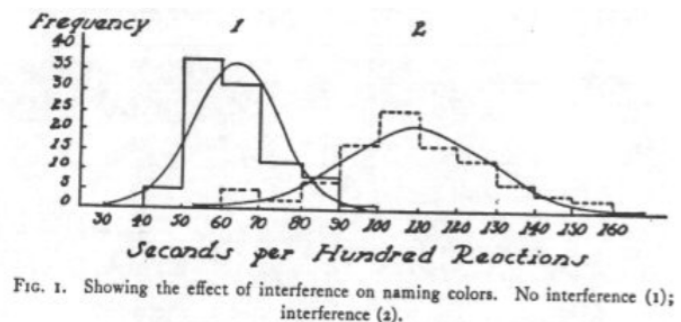
Stroop (1935)

- Effects of practice show clear improvement over 8 days of practice

Stroop Effect

- Debriefing
  - Methods?
    - speaking words rather than pressing keys
  - Predictions
    - Inhibition when automatic process and conscious process interfere
  - Robust? Limitations?

Clinical Evidence

- Terminology:
  - lateral: side
  - ipsilateral: same side
  - contralateral: opposite side
  - bilateral: both sides
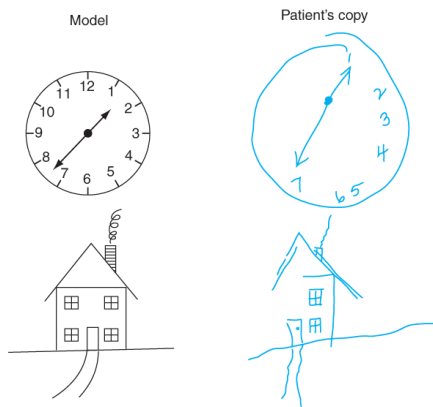 - hemi: half
  - neglect: failure to attend to

Hemineglect

- See Sacks, Ch 8, "Eyes Right"

- Tends to be in Parietal lobes

- Aka "contra-lateral neglect", "visual neglect"

- Not same as hemianopsia
  - (half - lack of - vision)
  - hemianopsia patients know they are missing something

Drawing Test

Model   Patient's copy