# Chapter 4

Attention

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## Review of Ch 3

- Models:
  - Template
  - Feature Detection (Pandemonium)
  - Connectionist (PDP, Neural Network)
- Top Down vs. Bottom Up
- · Clinical Evidence
  - · Visual Object Agnosia
  - Facial Agnosia (face-blind, prosopagnosia)

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#### **Definitions**

"Everyone knows what attention is. It is the taking possession by the mind, in clear and vivid form, of one out of what seem several simultaneously possible objects or trains of thought. Focalization, concentration of consciousness are of its essence. It implies withdrawal from some things in order to deal effectively with others." — James, 1890

#### Attention

What is it?

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#### **Common Definitions**

- Input Attention
  - Alertness, arousal
  - · Orienting reflex or response
  - Spotlight attention & Search
  - · Hemi-neglect
- Controlled Attention
  - Selective Attention
  - Mental resources, conscious processing
  - Supervisory attentional system (similar to working memory: Chapter 5)

## Four Principles

- More information exists than needed
- · Limits to processing
- Some tasks require almost no attention
- Effortful tasks can become automatic with practice

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## **Basics of Attention**

- Attention as mental process
- · Attention as limited resource

## Attention as a Mental Process

- concentrating effort or focus on
  - · stimulus or
  - mental event

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## **Priming**

 Attention shows both Top-Down and Bottomup Features

#### Attention as a Limited Resource

- mental "energy"
- · limited amount or "capacity"
- Examples
  - · driving while texting
  - · note-taking in this class

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## **Input Processes**

- Alertness, arousal...
- Orienting reflex or response...
- Spotlight attention & Search...

#### Alertness / Arousal

- · Amount of "consciousness"
- Range
  - Zero (deep coma)
  - Some (sleep, sedation)
  - Reduced (sleepy, tired, fatigued)
  - Normal
  - Above average (hyperarousal)

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## **Sustained Attention**

- aka Vigilance
- Examples
  - · air traffic controller
  - · assembly line inspector
  - · studying for a midterm
- Typical
  - 20-35 minutes, attention wanes

Not all tasks require attention?

- Explicit (conscious)
- Implicit (non-conscious)
- Bonebakker et al. (1996)
  - patients under anesthesia presented lists of words
  - could recall more words
    - word-stem completion task
  - effect was small (6% to 9% more)

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# Orienting Reflex

- · aka "Attention Capture"
- reflexive redirection of attention towards unexpected stimulus
- Biological responses (respiration, heart rate...)
- · Location-finding: Where
  - · also "What"
- Mental Focus
  - can include physical focus (eyes, head, body...) but not necessary

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# Orienting Reflex - Semantic

- Stimuli can be semantic
  - Estes et al. (2008): meaning of cue word directs attention, "hat" upwards, "boot" downwards

## Novelty of stimuli

- · Unexpected more important than New
  - · why?
  - habituation

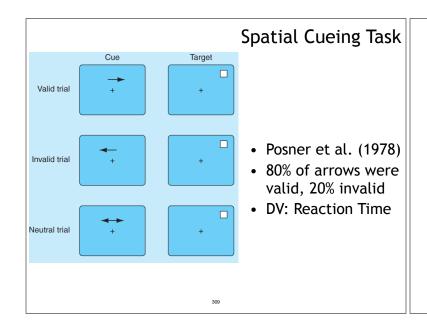
## Spotlight Attention / Visual Search

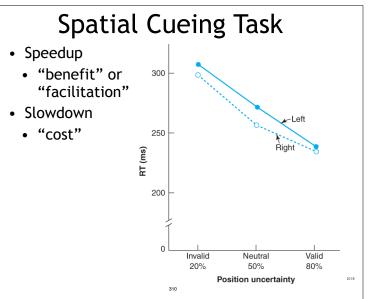
- e.g. CogLab 3
- can be purely cognitive (without movement of eyes)

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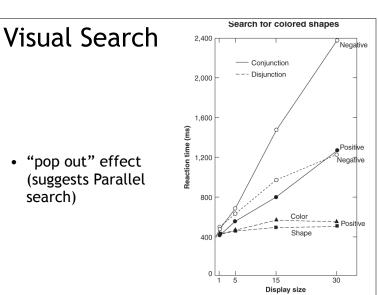




# The "Spotlight" metaphor

- Attentional focus jumps (rather than sweeps)
   similar to saccades
- Size of spotlight can be altered depending on task

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#### Visual Search

- · Inhibition of Return
  - avoid re-searching locations you already searched
  - · seen in search tasks
- · Facilitation of Return
  - more likely to repeat locations
  - seen when memorizing

#### Review

- Input Attention
  - Alertness, arousal
  - · Orienting reflex or response
  - Spotlight attention & Search
- · Controlled Attention
  - Selective Attention
  - · Mental resources, conscious processing
  - Supervisory attentional system (similar to working memory: Chapter 5)

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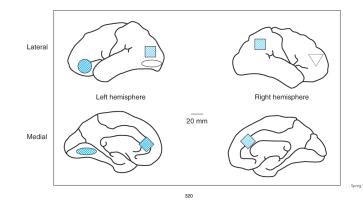
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## Input vs. Controlled Attention

- Input Attention
  - fast, automatic, parallel, effortless, "implicit"
- Controlled Attention
  - slow, conscious, serial, effortful, "explicit"

Input vs. Controlled Attention

- Posterior areas: automatic spotlight attention
- · Frontal areas: controlled attention



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# Controlled/Voluntary Attention

- Selective Attention and the Cocktail Party Effect..
- · Models of selective attention...

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# **Limited Attentional Capacity**

- Examples:
  - driving and talking / texting
  - · taking notes in a classroom
- We must be able to select what's important (to the situation)

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## Selective Attention

- Filtering out what's not important (distractors)
- Visual Attention is easy
  - move eyes
  - · move attentional spotlight
- Auditory Attention
  - · can't move ears
  - · must hear everything
  - can we filter and focus internally?

## Cocktail Party Effect

- Focus on one auditory stimuli and ignore others
- Implies filtering or internal attention processes

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## **Dual Task Methods**

- Overload (too much information)
- One task captures most / all attention
- Second task performance suffers

# **Auditory Shadowing**

- Shadowing
  - · to repeat words immediately
- Experiment
  - · Shadow voice in one ear
  - Voice in other ear is manipulated
- Non-shadowed stimuli is barely perceived:
  - Speech vs. music: yes
  - Male vs. female: yes
  - · Reversed speech? no
  - · Content? no
    - · a word presented 35 times was not recalled

Broadbent (1958)'s Early Selection Theory

Messages are selected / filtered early by

Selective filter

#### Models of Selection

- Big question: where (at what level) selection happens?
- Early vs. Late
  - e.g. what level or stage of processing?
    - bottom up vs. top-down
  - What properties are selected?
    - physical (tone, loudness)
    - semantic (content, meaning)

Message A

Message B

Message C

Message D

Stimuli

Input channels

physical characteristics

Only one message passes filter

capacity decision channel

Long-term

Responses

#### Evidence against Early Selection

- Shadowing experiments
  - can't hear word presented 35 times
  - can hear your name presented once
  - can report gender of voice, etc.

#### Treisman (1960) Late Selection Theory

- Experiment:
  - · Method: Shadowing when both voices are same person.
  - Results: success
  - Conclusion: can not be early selection

#### Treisman (1960) Late Selection Theory

- Experiment
  - Method: shadowing, content switches ears mid-sentence
  - Result: subjects switched (unconsciously) to other ear.
  - Conclusion: non-attended ear must be processed too

Right ear:
While Bill was walking through the forest/a bank can lend you the money.

Left ear:
If you want to buy a car/a tree
fell across his path.

'through the forest, a tree fell—uh . . . "

# Early vs. Late?

- Evidence for both
- Physical stimuli can be selected
- Content can be selected

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## Inhibition and Negative Priming

- Inhibition to suppress mental representation of salient (noticeable) but irrelevant information
- Suppress info that is "Strong but Wrong"
- Priming: facilitation (better performance)
- Negative Priming (reduced performance)

#### Attention as a Mental Resource

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#### Attention as a Mental Resource

- Evidence
  - · everyday limitations
  - · dual task paradigms
  - shadowing
  - psychological refractory period (aka Attentional Blink): short delay before next item can be processed

#### Automatic vs. Conscious Attention

| Automatic                              | Conscious           |
|--|---------------------|
| without intention or decision          | deliberate decision |
| not open to awareness or introspection | introspection       |
| doesn't use resources                  | uses resources      |
| usually fast (< 1 second)              | slower (> 1 second) |

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## **Practice and Memory**

- With training, conscious processes improve and become automatic
- From Explicit to Implicit
- Is memory required?
  - theory: automatic processing requires information to be stored in long term memory.

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## **Attention and Automaticity**

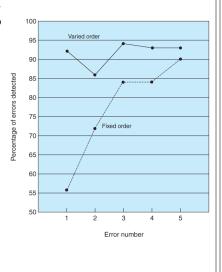
- Conscious tasks require resources
- E.g. average person limits: one demanding task or perhaps two less demanding tasks.
- Pros:
  - Automatic tasks require few resources
  - · Automatic tasks aren't easily forgotten
- Cons:
  - Action Slips: accidental mistakes, often triggered when environment or situation is unexpectedly different.
  - Automatic behavior in wrong situation.

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## **Proofreading**

- Barshi & Healy (1993)
- Proofreading arithmetic problems
- Fixed order vs.
   Varied order



# Mind Wandering

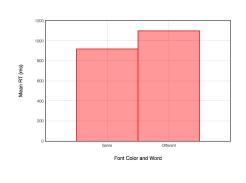
- Interesting finding: people with Higher working memory capacity are more prone to wandering mind
- · Why?

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# CogLab 4: Stroop Effect

- · Methods:
  - · identify color of word
  - · ignore word itself
- Theory
  - automatic processing (word reading)
  - facilitation
  - inhibition

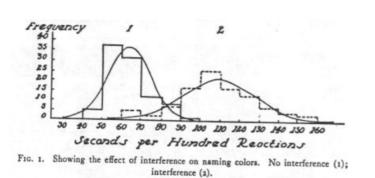
# Stroop Effect: Global Data



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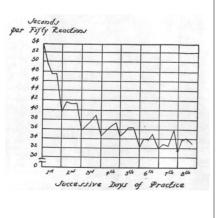
## **Stroop** (1935)

Reaction time data: similar to our CogLab data



# **Stroop** (1935)

 Effects of practice show clear improvement over 8 days of practice



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## **Stroop Effect**

- Debriefing
  - · Methods?
    - speaking words rather than pressing keys
  - Predictions
    - Inhibition when automatic process and conscious process interfere
  - Robust? Limitations?

Clinical Evidence

• Terminology:

• lateral: side

· ipsilateral: same side

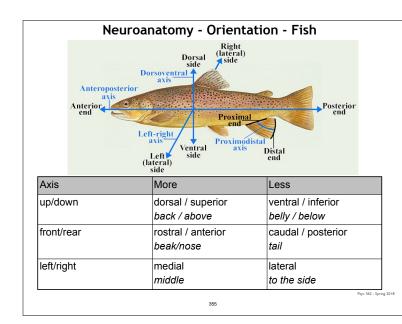
contralateral: opposite side

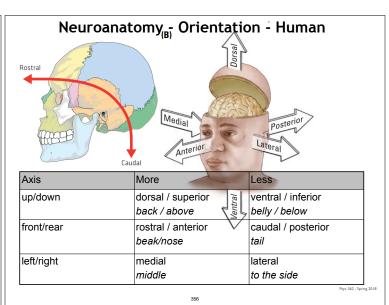
· bilateral: both sides

hemi: half

• neglect: failure to attend to

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| Orientation - Other Terms |   |
|---------------------------|---|
| Topic                     | Description   |
| symmetry                  | ipsilateral - same side<br>contralateral - opposite sides<br>bilateral - both sides |
| direction                 | afferent - toward<br>efferent - away  |
| front-rear relationship   | pre- : in front of post- : behind   |
| up-down relationship      | superior - above<br>medial - middle<br>inferior - below                             |

# Hemineglect

- See Sacks, Ch 8, "Eyes Right"
- Tends to be in Parietal lobes
- Aka "contra-lateral neglect", "visual neglect"
- Not same as hemianopsia
  - (half lack of vision)
  - hemianopsia patients know they are missing something

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# Drawing Test Model Patient's copy Patient's

# **Review for Midterm**

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