

# Ch. 4: Reliability

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## Reliability

- Constructs & Measurement
- History
- Classical Test Score Theory
- Four Kinds of Reliability
- Standard Error of Measurement
- Increasing Reliability

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## Constructs & Measurement

- Psychology as “soft science”
- Construct
  - exists but can’t be directly measured
  - examples
- Measurement
  - “true value” - intelligence
  - measured or *observed* value (e.g. IQ test score)
  - discrepancy - “error”
  - How to conceptualize *error*?

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## History 1

- 1896 - Karl Pearson - product-moment correlation (for continuous variables)
- 1904 - Charles Spearman - “*The proof and measurement of association between two things*” - *Rho* - correlation for Ordinal variables

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## History

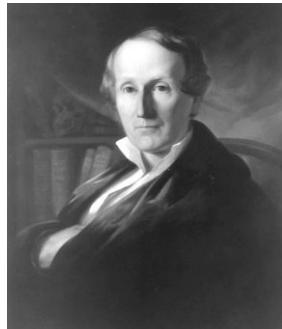
- Pearson, Spearman, Thorndike (1900-1907)
  - Basic reliability theory
- Kuder, Richardson (1937), Cronbach (1989)
  - Reliability coefficients
- Bartholomew & Knott (1990s)
  - Latent variable theory
- Drasgow et al (late 1990s)
  - Item Response Theory (IRT)

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## Samuel George Morton

- Polygenism
  - Humans are composed of different species
- Craniometry
- Biological Determinism
- “Scientific Racism”
- d. 1851
- 50 years before Spearman’s work



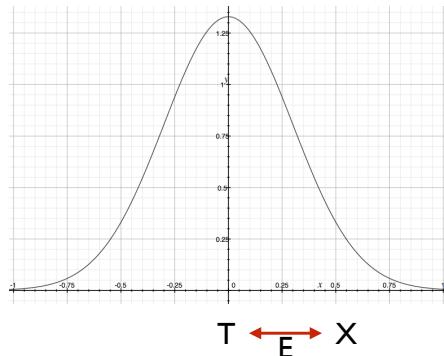
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## Classical Test-Score Theory

### Classical Test-Score Theory

- $T$  = True Score
- $X$  = Observed
- $E$  = Error
- $X = T + E$
- $E = X - T$



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### Classical Test-Score Theory

- True score ( $T$ ) : the “actual” score that exists
- Observed score ( $X$ ) : score as measured by a test
- Error ( $E$ ) : difference between Observed and True score
- $X = T + E$
- $E = X - T$
- Assumptions: True scores have no variability. Errors are random (e.g. a normal distribution with mean of zero)
- Reliability = correlation between Observed score and True score

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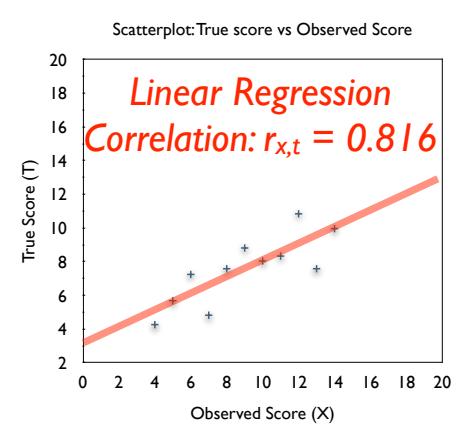
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### Classical Test-Score Theory: Reliability

- Reliability = correlation between Observed score and True score
- $R_{X,T}$

### Classical Test Score Theory

X	T
10	8.04
8	7.58
13	7.58
9	8.81
11	8.33
14	9.96
6	7.24
4	4.26
12	10.84
7	4.82
5	5.68



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## Domain Sampling

- How to calculate  $r_{1T}$
- Any two tests  $r_{12}$
- $r_{1j} = \text{average of all pairs}$

$$r_{1,T} = \sqrt{\frac{\sum_{i=1}^N \sum_{j=1}^N r_{i,j}}{N^2}}$$

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## Domain Sampling

- Problem: no way to measure True score / no possible way to measure every possible item
- Sample a limited subset of items, do this in multiple ways
- Create one or more tests
- For two given tests, correlation between the two tests will be lower than the correlation between one test and the True score
- $r_{1t} = \sqrt{r_{1j}}$

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## Domain Sampling Example

- Correlation of any 2 random sample tests
- $r_{1t} = \sqrt{r_{1j}}$
- $r_{1t} = \sqrt{0.64}$
- $r_{1t} = 0.80$
- unbiased estimate of “true” reliability

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## Models of Reliability

- Most reliability measures are Correlation coefficients
- Alternate definition: Reliability is the ratio of the variance of True scores to the variance of the Observed scores
  - $\rho^2_{XT} = \frac{\sigma^2_T}{\sigma^2_X}$
- Or, it's the “Signal to Noise” ratio
  - $\rho^2_{XT} = \frac{\sigma^2_T}{\sigma^2_T + \sigma^2_E}$
- A test with reliability of  $r^2=0.40$  means that 40% of variation in test scores is due to variation in the “true” score, and 60% of variation is random or chance factors.

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## Sources of Error

- “Error” is considered the difference between True score and Observed score
- Where does Error arise?
  - Measurement errors
  - Change in True score
  - Sampling

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## Measuring Reliability in Practice

- Since True score is hidden, can't use the direct formula:  $R_{X,T}$
- Instead
  - think about sources of error
  - practical methods
  - *estimate* reliability

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## Test-Retest Reliability

- Test-Retest
  - administer same test across some time period
  - compute correlation between two administrations:
  - same subjects, same test, two administrations
  - Issue -- what is “error”?
    - actual change in true score
    - carryover or practice effects

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## Parallel Forms Reliability

- Also called “Alternate Forms”
  - administer two versions of the test to same subjects (often on same day)
  - compute correlation between two administrations
  - same subjects, different test forms, two administrations
- Pros: more rigorous method of determining reliability
- Cons: difficult to do: have to make a new test

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## Internal Consistency Reliability

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## Internal Consistency Reliability

- Give single test, calculate internal consistency of various subsets of items
- Only one test, one administration, same group of subjects
- Old: Split half method
- New: **Cronbach’s Alpha ( $\alpha$ )**
  - estimates a lower bound for reliability
  - $\alpha$  of .70 to .80 is borderline
  - $\alpha$  of .80 is ok
  - $\alpha$  of .90 or higher is good

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## Inter-Rater Reliability

- Observational data differs from self-report data.
- Even though most behavioral rating systems attempt to be precise, errors occur (e.g. was that a “hit” or a “punch”?)
- We must consider the reliability of different observers (also called “raters”)
- **Cohen’s Kappa**
  - ranges from -1 to +1
  - “poor”  $< .40$
  - “good”  $.40$  to  $.75$
  - “excellent”  $> .75$

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## Reliability: errors & methods

	Description	Name	Statistic
Time Sampling	1 test given two times	test-retest reliability	correlation between scores at two times
Item Sampling	2 different tests given once	Alternate or Parallel forms	correlation between scores on 2 versions
Internal Consistency	One test, multiple items	Split Half or internal reliability	Cronbach’s Alpha
Observer Differences	One test w/ 2+ observers	inter-observer reliability	Kappa

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## Quiz: What kind of Reliability?

Procedure	Source of error?	What kind?
Olympic judges giving consistent scores for a gymnastics performance	People	Inter-Observer
Correlation between your IQ test score taken at age 12 and again at age 13	Time	Test-Retest
Correlation between scores on 2 versions of the midterm (assuming each student takes both versions)	Item Selection	Parallel Forms
Correlation between student scores on questions 1-25 vs 26-50 of the midterm.	Item Selection	Internal Consistency

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## Quiz: What kind of Reliability?

Procedure	Source of error?	What kind?
Olympic judges giving consistent scores for a gymnastics performance		
Correlation between your IQ test score taken at age 12 and again at age 13		
Correlation between scores on 2 versions of the midterm (assuming each student takes both versions)		
Correlation between student scores on questions 1-25 vs 26-50 of the midterm.		

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## Summary

- Reliability
  - how consistent measured scores are
- Error
  - $E = X - T$
- What kind of Error?
  - test-retest, domain sampling, internal consistency, observer-differences

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## Standard Error of Measurement

- Desire to answer question “how close is this test result to the true result”
- If we know the Reliability ( $r$ ) of the test, we can estimate the likely range of true values
- Given
  - $S = \text{std dev of measured scores}$
  - $r = \text{reliability coefficient of test}$

$$SEM = S\sqrt{1 - r}$$

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## SEM example: IQ

- Example: a person scored 106 on an IQ test, that has a reliability of 0.89. What is the 95% confidence interval of their true score
- $S = 14$
- $r = 0.89$

$$SEM = S\sqrt{1 - r}$$

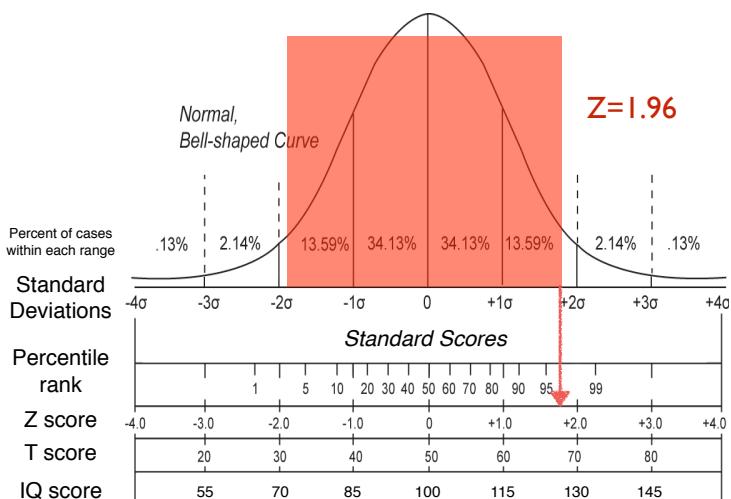
$$SEM = 14\sqrt{1 - 0.89}$$

$$SEM = 4.64$$

- Next, compute a confidence interval

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## Confidence Interval

- “How likely is a true score to fall within a range”
- $Z = z\text{-score associated with \% range}$
- Confidence interval =  $Z * \text{SEM}$
- Example:
  - 95% confidence interval :  $Z = 1.96$
  - $\text{SEM} = 4.64$
  - $1.96 * 4.64 = 9.1$
  - 95% CI =  $\pm 9.1$  points
  - Range =  $X \pm \text{CI}$
  - $106 \pm 9.1 = \text{range from } 96.9 \dots 115.1$

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## SEM Exercise

- This is for practice, not scored for points

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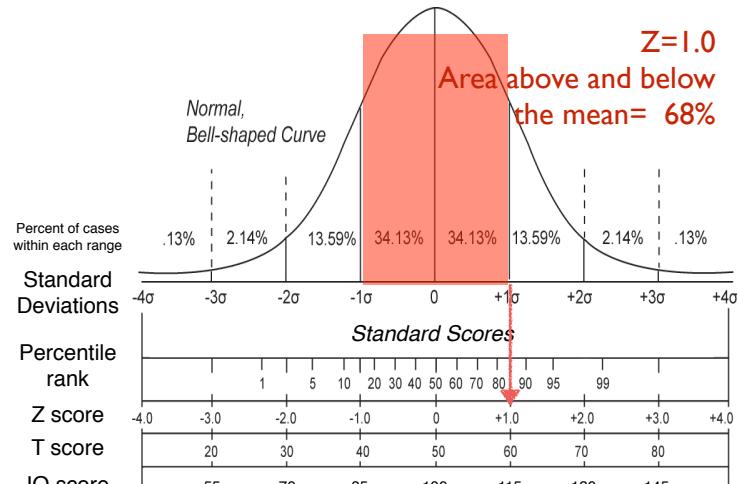
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## Common Z scores & Confidence Levels

Z Score	Area above mean	Area above + below Mean	Proportion as %
0.00	0.000		0%
0.13	0.051		
0.67	0.249		
1.00	0.341	0.682	68%
1.64	0.449		
1.96	0.475		95%
2.57	0.495		

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## How reliable?

- $r = .70$  or  $.80$  or higher is often considered “good enough” for much research
- $r > .90$  is very good
  - may not be worth effort to go higher
- Some real-world tests have  $r > 0.9$ 
  - example: modern IQ tests

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## Increasing Reliability

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## Increasing Reliability

- Increase N (number of questions, items or tests)...
- Focus on common characteristic...
- Other methods (covered later)
  - Use **Item Analysis** (“discriminability analysis”) to find items that best measure a single characteristic
  - Use **Factor Analysis** to determine sub-characteristics of a single test

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## Increase N

- N = number of questions or items or tests
- Formulas exist to determine how much to increase N by to reach a certain level of reliability
- $N_d = r_d (1 - r_o) / r_o (1 - r_d)$   
 $N_d$  = new N (times old N)  
 $r_d$  = desired level of reliability  
 $r_o$  = observed level of reliability

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## Increase N - Examples

- $N_d = r_d (1 - r_o) / r_o (1 - r_d)$
- Example:
  - 20-item CES-D has reliability of .87.
  - We need  $r = 0.95$
  - $N_d = 2.82$
  - new N is  $2.82 \times 20 = 56$  items

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## Increase N - Examples

- $N_d = r_d (1 - r_o) / r_o (1 - r_d)$ 
  - Your 40-item test has reliability of .50.
  - You want .90.
  - $N_d = 9.0$
  - new N is  $9 \times 40 = 360!$

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## Focus Test

- Reliability increases as a test focuses on a single concept or characteristic (“construct”)
- Trying to capture multiple concepts in a single test reduces reliability
- Methods:
  - Informal – remove items with poor face validity (chapter 5)
  - Statistical:
    - Discriminability Analysis (chapter 6)
    - Factor Analysis (chapter 13)

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## Reliability Summary

- Measurement Error occurs in all fields -- Psychology focuses on it
- Kind of Reliability : *where* the error came from
- Improving Reliability: more items, focusing test, factor analysis
- Reliability is useful: calculate SEM and Confidence Intervals
- Reliability is not Validity: Reliable tests aren't automatically valid
- A reliable test *may* be valid

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